

Weltraumjogger Berlin e.V.
5. Berliner Volkstriathlon
18. Juli 1993

0,8 km Schwimmen - 18 km Radfahren - 5 km Laufen

Ergebnisliste

PI	AK	AK	Name	Verein	PI	SwimTi	PI	BikeTi	PI	RunTim	Gesamt	Platzentw.
1	1	M15	Stefan Hintze	SISU Berlin	4	00:09:33	2	00:32:48	18	00:20:37	01:02:58	4- 1- 1
2	1	M21	Janis Szisch	Opel Schüler	0	00:00:00	210	00:46:09	14	00:20:25	01:06:34	0- 3- 2
3	2	M21	Frank Druska	SISU Berlin	0	00:00:00	241	00:48:39	2	00:17:58	01:06:37	0- 22- 3
4	1	M30	Falk Ziegler	SISU Berlin	84	00:13:14	4	00:33:31	11	00:20:01	01:06:46	84- 8- 4
5	3	M21	Thomas Staaacs	SC Pallas Berlin	13	00:10:27	32	00:37:23	6	00:19:01	01:06:51	13- 15- 5
6	2	M30	Olaf Bernicke		15	00:10:36	17	00:36:21	14	00:20:25	01:07:22	15- 10- 6
7	4	M21	Jork Rother	Weltraumjogger	23	00:11:04	6	00:34:39	30	00:21:49	01:07:32	23- 2- 7
8	3	M30	Michael Klause		33	00:11:46	7	00:34:52	21	00:20:59	01:07:37	33- 5- 8
9	5	M21	Mario Neumann		44	00:12:10	24	00:36:55	3	00:18:38	01:07:43	44- 28- 9
10	6	M21	Thomas Eisenreich	SSV Lichtenrade	7	00:09:52	36	00:37:29	20	00:20:56	01:08:17	7- 12- 10
11	4	M30	Arad Szarkac		25	00:11:12	10	00:35:48	27	00:21:30	01:08:30	25- 11- 11
12	7	M21	Winfried Schuhmann	TUS Neukölln	51	00:12:23	23	00:36:52	8	00:19:29	01:08:44	51- 31- 12
13	8	M21	Stefan Noske	Tri-Finischer	150	00:14:48	1	00:32:04	45	00:22:15	01:09:07	150- 9- 13
14	9	M21	Kristian Petrick	Fecht C. Grunewald	86	00:13:16	3	00:33:10	62	00:22:50	01:09:16	86- 4- 14
15	10	M21	Frank Rother	Nikar Heidelberg	58	00:12:31	14	00:36:15	17	00:21:49	01:09:18	58- 24- 15
16	5	M30	Bernd Kasper		17	00:10:49	11	00:35:55	57	00:22:37	01:09:21	17- 7- 16
17	1	M40	Peter Kaden	SISU Berlin	26	00:11:14	9	00:35:27	86	00:23:30	01:10:11	26- 6- 17
18	11	M21	Wolfgang Dahl		46	00:12:17	19	00:36:37	25	00:21:21	01:10:15	46- 25- 18
19	12	M21	Carsten Hahn		64	00:12:43	53	00:37:58	9	00:19:38	01:10:19	64- 52- 19
20	13	M21	Jörg Paschke	Greifswalder SC	18	00:10:51	28	00:37:06	51	00:22:30	01:10:27	18- 17- 20
21	2	M40	Detlev Rohn	SSV Lichtenrade	101	00:13:38	26	00:37:01	10	00:19:55	01:10:34	101- 51- 21
22	2	M15	Oliver Arend	SISU Berlin	32	00:11:40	21	00:36:50	40	00:22:07	01:10:37	32- 19- 22
23	1	M50	Hans Leuschner	BSV Friesen	0	00:00:00	239	00:48:33	39	00:22:06	01:10:39	0- 20- 23
24	3	M40	Detlev Großer	TUS Neukölln	27	00:11:16	15	00:36:17	74	00:23:09	01:10:42	27- 13- 24
25	14	M21	Roland Röthlin	SC Pallas Berlin	37	00:11:52	41	00:37:33	26	00:21:28	01:10:53	37- 35- 25
26	15	M21	Joachim Risop	Tri-Team	61	00:12:38	8	00:35:25	71	00:23:02	01:11:05	61- 18- 26
27	6	M30	Bernhard Petruschinski		12	00:10:16	69	00:38:47	42	00:22:09	01:11:12	12- 27- 27
28	16	M21	Michael Bruch		54	00:12:27	20	00:36:44	37	00:22:03	01:11:14	54- 29- 28
28	16	M21	Peter Brdiczua		75	00:13:05	49	00:37:54	13	00:20:15	01:11:14	75- 54- 28
30	4	M40	Matthias Kein	Schneehasen	90	00:13:20	25	00:37:00	23	00:21:08	01:11:28	90- 48- 30
31	18	M21	Tobias Wischer		106	00:13:51	34	00:37:25	12	00:20:14	01:11:30	106- 60- 31
32	19	M21	Christoph Ludwig	Tri-Team-Berlin	68	00:12:50	13	00:36:10	52	00:22:33	01:11:33	68- 26- 32
33	20	M21	Frank Konieczka		43	00:12:08	42	00:37:34	31	00:21:52	01:11:34	43- 37- 33
34	21	M21	Thomas Troszczynski		70	00:12:58	78	00:39:17	7	00:19:21	01:11:36	70- 74- 34
35	22	M21	Carsten Rasmus	SSV Lichtenrade	167	00:15:13	5	00:34:36	35	00:21:58	01:11:47	167- 38- 35
36	23	M21	Christoph Neutzner	FU-Seminar	39	00:11:57	30	00:37:16	54	00:22:35	01:11:48	39- 30- 36
37	24	M21	Jörg Emmenecker	BSV Friesen	20	00:10:57	76	00:39:11	29	00:21:46	01:11:54	20- 44- 37
38	25	M21	Jörn Kindlein	BSV Friesen	1	00:09:15	66	00:38:30	115	00:24:12	01:11:57	1- 14- 38
39	7	M30	Stefan Bernicke		42	00:12:06	58	00:38:09	28	00:21:44	01:11:59	42- 47- 39
40	3	M15	Timo Bünger	BSV Friesen	2	00:09:28	64	00:38:26	111	00:24:08	01:12:02	2- 16- 40
41	26	M21	Kolja Menze		107	00:13:53	16	00:36:19	33	00:21:55	01:12:07	107- 45- 41
42	27	M21	Stefan Kuelies		55	00:12:28	21	00:36:50	66	00:22:56	01:12:14	55- 33- 42
43	8	M30	Heinz Sukowski	LC Stolpertruppe	35	00:11:48	36	00:37:29	79	00:23:25	01:12:42	35- 32- 43
44	9	M30	Matthias Thimm		118	00:14:06	98	00:40:01	4	00:18:45	01:12:52	118- 100- 44
45	1	W40	Gabriele Barby	TSC Berlin 1893	152	00:14:51	184	00:44:37	1	00:13:28	01:12:56	152- 187- 45
46	28	M21	Götz vonEsebeck		57	00:12:30	12	00:36:06	120	00:24:21	01:12:57	57- 21- 46
47	1	W21	Rita Acampora		10	00:10:13	96	00:39:54	63	00:22:52	01:12:59	10- 43- 47
48	10	M30	Markus Hitzke		99	00:13:37	72	00:38:57	16	00:20:27	01:13:01	99- 77- 48
49	11	M30	Andreas Harnisch	LTC Berlin	97	00:13:32	42	00:37:34	47	00:22:22	01:13:28	97- 57- 49
50	29	M21	Marius Gergely	BSV 92	31	00:11:39	46	00:37:45	108	00:24:06	01:13:30	31- 34- 50
51	30	M21	Heiko Hegermann	Tri-Finisher Berlin	41	00:11:59	45	00:37:38	97	00:23:54	01:13:31	41- 36- 51
52	1	W35	Barbara Schulin	SCC Berlin	49	00:12:21	54	00:38:01	79	00:23:25	01:13:47	49- 50- 52
53	1	M45	Robert Krammer	Tri-Team-Berlin	131	00:14:26	40	00:37:31	40	00:22:07	01:14:04	131- 70- 53
54	2	M45	Hans-Joachim Schubert	Licht/Stegl	98	00:13:35	29	00:37:09	83	00:23:27	01:14:11	98- 53- 54
55	31	M21	Karsten Stenzler		71	00:13:00	79	00:39:18	38	00:22:04	01:14:22	71- 75- 55
56	3	M45	Klaus-Dieter Barby	TSC Berlin 1893	49	00:12:21	88	00:39:29	55	00:22:36	01:14:26	49- 69- 56
57	32	M21	Marco Thieme	TUS Neukölln	69	00:12:54	61	00:38:16	82	00:23:26	01:14:36	69- 59- 57
58	33	M21	Christian Bossig	TUS Neukölln	103	00:13:43	49	00:37:54	70	00:23:01	01:14:38	103- 64- 58
59	12	M30	Wolfgang Haack		4	00:09:33	113	00:40:48	118	00:24:19	01:14:40	4- 49- 59
60	5	M40	Henry Knauth	LC Stolpertruppe	135	00:14:33	74	00:39:02	24	00:21:11	01:14:46	135- 91- 60
61	6	M40	Rolf Topp	SISU Berlin	137	00:14:34	63	00:38:23	32	00:21:53	01:14:50	137- 80- 61
62	34	M21	Axel Salewski		62	00:12:39	34	00:37:25	137	00:24:48	01:14:52	62- 41- 62
63	13	M30	Jörg Ludwig	TiB	18	00:10:51	48	00:37:50	176	00:26:22	01:15:03	18- 23- 63
64	2	W21	Petra Dronke	LC Stolpertruppe	8	00:09:57	101	00:40:08	140	00:24:59	01:15:04	8- 42- 64
65	4	M15	Ferry Diekmann	SISU Berlin	21	00:11:00	127	00:41:43	50	00:22:27	01:15:10	21- 78- 65
66	1	M	Michael vonEinem		146	00:14:42	36	00:37:29	75	00:23:10	01:15:21	146- 72- 66
67	1	M19	Daniel Ullner	SSV Lichtenrade	160	00:15:03	0	00:00:00	288	01:00:20	01:15:23	160- 0- 67
68	2	M19	Matthias Kehler		119	00:14:07	31	00:37:21	109	00:24:07	01:15:35	119- 62- 68
69	14	M30	Clemens Pacyna	LT Britzer-Flitzer	46	00:12:17	86	00:39:27	98	00:23:55	01:15:39	46- 68- 69

70	35	M21	Jim Worrall		140	00:14:35	70	00:38:51	45	00:22:15	01:15:41	140-	88-	70
71	36	M21	Simon Schimming	SG Ruppenhorn	125	00:14:16	33	00:37:24	104	00:24:02	01:15:42	125-	65-	71
72	37	M21	Thomas Maus		0	00:00:00	271	00:54:44	22	00:21:00	01:15:44	0-	112-	72
73	38	M21	Tommy Ulbrich	BSV 1892	222	00:16:35	103	00:40:20	5	00:18:53	01:15:48	222-	152-	73
74	39	M21	Matthias Miels	BSV 1892	66	00:12:48	77	00:39:12	96	00:23:53	01:15:53	66-	71-	74
75	15	M30	Dirk Lampe		48	00:12:20	82	00:39:23	114	00:24:11	01:15:54	48-	67-	75
76	40	M21	Olaf Jelken	Weltraumjogger	24	00:11:07	71	00:38:55	164	00:25:57	01:15:59	24-	40-	76
77	41	M21	Friedrich Telkemeier	TUS Neukölln	82	00:13:13	65	00:38:28	118	00:24:19	01:16:00	82-	66-	77
78	42	M21	Axel Klug	Tri-Tra-Tralala	84	00:13:14	57	00:38:08	135	00:24:42	01:16:04	84-	61-	78
79	4	M45	Helmut Bergvon		166	00:15:12	52	00:37:56	67	00:22:59	01:16:07	166-	84-	79
80	16	M30	Christian Muhsold		127	00:14:19	49	00:37:54	99	00:23:57	01:16:10	127-	73-	80
81	43	M21	Sven Gentsch		36	00:11:49	122	00:41:25	67	00:22:59	01:16:13	36-	86-	81
82	7	M40	Klaus Sperber	Figur & Fitness	152	00:14:51	59	00:38:12	77	00:23:19	01:16:22	152-	82-	82
83	17	M30	Andreas Thom	TUS Neukölln	145	00:14:41	73	00:39:00	65	00:22:53	01:16:34	145-	93-	83
84	18	M30	Rainer Hemgreen	Tri-Team Berlin	180	00:15:28	67	00:38:43	55	00:22:36	01:16:47	180-	101-	84
85	44	M21	Gunnar Dallwitz	Zehlendorfer Wespen	245	00:17:17	39	00:37:30	44	00:22:12	01:16:59	245-	113-	85
86	45	M21	Alan Dean		129	00:14:21	75	00:39:07	90	00:23:36	01:17:04	129-	89-	86
87	46	M21	Ingo Anders		78	00:13:09	80	00:39:22	126	00:24:35	01:17:06	78-	76-	87
88	47	M21	Jan Thümmler		154	00:14:54	61	00:38:16	100	00:23:58	01:17:08	154-	85-	88
89	48	M21	Mike Saft		174	00:15:23	84	00:39:25	49	00:22:24	01:17:12	174-	114-	89
90	19	M30	Jörg Preiß		72	00:13:01	114	00:40:53	77	00:23:19	01:17:13	72-	97-	90
91	1	M35	Kurt Borkenhagen		88	00:13:18	90	00:39:32	121	00:24:25	01:17:15	88-	79-	91
92	49	M21	Stephan Dzigdzinski		29	00:11:34	87	00:39:28	174	00:26:19	01:17:21	29-	55-	92
93	2	M50	Reinhold Noerenberg	SCC Berlin	22	00:11:03	98	00:40:01	175	00:26:20	01:17:24	22-	56-	93
94	50	M21	Christian Lusch	Tri-Star Berlin	123	00:14:10	93	00:39:40	88	00:23:35	01:17:25	123-	96-	94
95	51	M21	Jörg Stargardt	VfV Spandau	104	00:13:45	0	00:00:00	289	01:03:43	01:17:28	104-	0-	95
96	20	M30	Frank Bielicke		33	00:11:46	80	00:39:22	176	00:26:22	01:17:30	33-	58-	96
97	3	W21	Margit Hannemann	BSV Friesen	14	00:10:30	88	00:39:29	207	00:27:49	01:17:48	14-	39-	97
98	4	W21	Nicole Dargel	SISU Berlin	110	00:13:56	44	00:37:35	179	00:26:25	01:17:56	110-	63-	98
99	1	W30	Martina Goedicke	Fecht-Club-Grünental	60	00:12:34	131	00:41:53	87	00:23:34	01:18:01	60-	108-	99
100	5	M45	Jürgen Engelke	LC Stolpertruppe	119	00:14:07	83	00:39:24	131	00:24:39	01:18:10	119-	90-	100
101	52	M21	Udo Czediwoda	Tri-Team-Berlin	0	00:00:00	270	00:54:40	88	00:23:35	01:18:15	0-	110-	101
102	1	M17	Olaf Anders	TSC	204	00:16:05	26	00:37:01	145	00:25:10	01:18:16	204-	83-	102
103	21	M30	Michael Jänichen	LC Stolpertruppe	74	00:13:03	110	00:40:42	130	00:24:38	01:18:23	74-	95-	103
104	53	M21	Olaf Wiegner		77	00:13:08	131	00:41:53	84	00:23:29	01:18:30	77-	116-	104
105	54	M21	Peter Wollny		215	00:16:20	47	00:37:46	121	00:24:25	01:18:31	215-	99-	105
106	55	M21	Pierre Eichhorn		148	00:14:46	91	00:39:38	113	00:24:10	01:18:34	148-	106-	106
107	1	W45	Ursula Bergvon	SCC Berlin	143	00:14:39	94	00:39:47	124	00:24:29	01:18:55	143-	107-	107
108	56	M21	Jörg Beinlich	Ski-Club Berlin	65	00:12:46	124	00:41:34	128	00:24:37	01:18:57	65-	104-	108
109	5	W21	Kerstin Zalewski	Tri-Team-Berlin	76	00:13:07	97	00:39:55	162	00:25:56	01:18:58	76-	81-	109
110	2	M35	Christof Kamin		38	00:11:54	181	00:44:26	60	00:22:47	01:19:07	38-	142-	110
111	22	M30	Klaus Kriesten	LG Süd	177	00:15:26	60	00:38:13	160	00:25:53	01:19:32	177-	92-	111
112	23	M30	Michael Diestel		126	00:14:17	85	00:39:26	161	00:25:55	01:19:38	126-	94-	112
113	24	M30	Jens Trute		189	00:15:41	91	00:39:38	121	00:24:25	01:19:44	189-	124-	113
114	57	M21	A. Krause		137	00:14:34	0	00:00:00	290	01:05:13	01:19:47	137-	0-	114
115	2	W30	Freya Krüger	TiB	130	00:14:22	0	00:00:00	291	01:05:34	01:19:56	130-	0-	115
116	25	M30	Knut Zeiße		133	00:14:32	109	00:40:37	138	00:24:54	01:20:03	133-	119-	116
117	58	M21	Christian Holtmann		0	00:00:00	276	00:57:43	48	00:22:23	01:20:06	0-	162-	117
118	59	M21	Sven Junge	SWH Hauhecke	232	00:16:49	18	00:36:34	193	00:26:48	01:20:11	232-	87-	118
119	60	M21	Michael Hodds		228	00:16:40	128	00:41:44	34	00:21:56	01:20:20	228-	171-	119
120	61	M21	Bernd Rozga		0	00:00:00	255	00:50:14	252	00:30:12	01:20:26	0-	46-	120
121	62	M21	Marco Ziemer		116	00:14:04	145	00:42:26	102	00:23:59	01:20:29	116-	144-	121
122	63	M21	Thomas Pierza		191	00:15:42	112	00:40:46	105	00:24:03	01:20:31	191-	143-	122
123	64	M21	Martin Hefler		185	00:15:33	120	00:41:20	91	00:23:40	01:20:33	185-	151-	123
124	3	M35	Burkhard Dahms		215	00:16:20	68	00:38:46	147	00:25:32	01:20:38	215-	118-	124
125	65	M21	Thomas Ofner		150	00:14:48	130	00:41:52	103	00:24:00	01:20:40	150-	148-	125
126	26	M30	Klaus Fechner		92	00:13:24	141	00:42:13	144	00:25:07	01:20:44	92-	130-	126
127	66	M21	Jens Langner	FU-Seminar	78	00:13:09	117	00:41:09	183	00:26:29	01:20:47	78-	103-	127
128	27	M30	Werner Brambrink		185	00:15:33	105	00:40:23	140	00:24:59	01:20:55	185-	134-	128
129	28	M30	Henry Thiedke	SC Neukölln	30	00:11:36	153	00:42:56	183	00:26:29	01:21:01	30-	109-	129
130	67	M21	Andi Goldi	Weltraumjogger	94	00:13:28	179	00:44:11	79	00:23:25	01:21:04	94-	161-	130
131	68	M21	Carsten Büning		157	00:14:59	107	00:40:33	150	00:25:37	01:21:09	157-	128-	131
132	8	M40	Bernd Reinsch	Figur & Fitness	104	00:13:45	164	00:43:18	111	00:24:08	01:21:11	104-	156-	132
133	1	M55	Hardwig Stöckigt	Wasserfreunde Spand	58	00:12:31	170	00:43:43	140	00:24:59	01:21:13	58-	140-	133
134	69	M21	Andreas Moser		211	00:16:13	134	00:41:57	72	00:23:04	01:21:14	211-	168-	134
135	3	M50	Günter Schwarz		163	00:15:07	102	00:40:10	165	00:26:00	01:21:17	163-	123-	135
136	4	M35	Günter Mehlitz	IBM Klub Berlin	228	00:16:40	55	00:38:03	191	00:26:43	01:21:26	228-	111-	136
137	6	W21	Kirsten Echtermeyer		94	00:13:28	142	00:42:19	153	00:25:40	01:21:27	94-	133-	137
138	7	W21	Andrea Ludwig		72	00:13:01	198	00:45:26	73	00:23:07	01:21:34	72-	173-	138
139	29	M30	Oliver Schön	SSV Vorspiel Berlin	194	00:15:48	0	00:00:00	292	01:05:48	01:21:36	194-	0-	139
140	70	M21	Olaf Reichert		114	00:14:01	121	00:41:22	172	00:26:15	01:21:38	114-	125-	140
141	71	M21	Torsten Feige		82	00:13:13	136	00:42:03	178	00:26:24	01:21:40	82-	122-	141
142	30	M30	Horst Landgraf		0	00:00:00	280	00:59:12	52	00:22:33	01:21:45	0-	182-	142
143	72	M21	Frank Seidel		177	00:15:26	107	00:40:33	157	00:25:48	01:21:47	177-	135-	143
144	73	M21	Clemens Elbing		202	00:16:00	56	00:38:05	204	00:27:44	01:21:49	202-	98-	144
145	31	M30	Andreas Popplow		107	00:13:53	124	00:41:34	180	00:26:26	01:21:53	107-	127-	145
146	8	W21	Sabine Wasser		89	00:13:19	133	00:41:56	190	00:26:42	01:21:57	89-	121-	146
147	74	M21	Oliver Latzel	VfV Spandau	140	00:14:35	148	00:42:37	136	00:24:47	01:21:59	140-	157-	147
148	9	M40	Frank Endt	Tri-Finisher Berlin	102	00:13:40	110	00:40:42	203	00:27:40	01:22:02	102-	105-	148
149	75	M21	Sven Kaulfuß	BSG Bund	203	00:16:02	135	00:42:00	115	00:24:12	01:22:14	203-	164-	149
150	76	M21	Christian Ullner	SSV Lichtenrade	199	00:15:59	144	00:42:23	100	00:23:50	01:22:20	199-	170-	150
151	77	M21	Vorname McGuckien		175	00:15:25	175	00:43:58	69	00:23:00	01:22:23	175-	186-	151

234	11	M35	Ingolf Fischer	VfV Spandau	170	00:15:18	235	00:48:13	199	00:27:18	01:30:49	170-	236-	234
235	17	M40	Rainer Zbell	LC Fliesstal	276	00:20:24	194	00:45:14	146	00:25:13	01:30:51	276-	253-	235
236	21	W21	Verena Liebenhagen	BSV Friesen	16	00:10:43	185	00:44:42	283	00:35:27	01:30:52	16-	126-	236
237	12	M35	Frank Stielow	LC Stolpertruppe	207	00:16:09	215	00:46:30	215	00:28:21	01:31:00	207-	228-	237
238	6	W30	Susanne Will	Elan Health Club	189	00:15:41	202	00:45:33	247	00:29:51	01:31:05	189-	217-	238
239	99	M21	Lars Repke		230	00:16:46	256	00:50:23	109	00:24:07	01:31:16	230-	265-	239
240	42	M30	Markus Schmolke		250	00:17:36	203	00:45:41	210	00:28:01	01:31:18	250-	232-	240
241	7	W30	Petra Kohnke		231	00:16:48	195	00:45:16	237	00:29:23	01:31:27	231-	224-	241
242	22	W21	Miriam Rau	SSV Lichtenrade	158	00:15:01	216	00:46:34	251	00:30:10	01:31:45	158-	219-	242
243	100	M21	Holger Hilscher	SG Schering	256	00:18:07	243	00:48:46	139	00:24:58	01:31:51	256-	262-	243
244	101	M21	Jörn-Michael Westphal		225	00:16:37	223	00:47:21	213	00:28:17	01:32:15	225-	243-	244
245	43	M30	Ulrich Brunner		250	00:17:36	253	00:50:03	149	00:25:36	01:33:15	250-	266-	245
246	102	M21	Christian Weers		128	00:14:20	244	00:49:07	246	00:29:50	01:33:17	128-	234-	246
247	23	W21	Susanne Deimling		209	00:16:10	228	00:47:24	248	00:29:53	01:33:27	209-	238-	247
248	24	W21	Corinna Altenings		149	00:14:47	240	00:48:35	250	00:30:07	01:33:29	149-	233-	248
249	25	W21	Andrea Paul		232	00:16:49	232	00:47:45	229	00:28:58	01:33:32	232-	244-	249
250	2	M	Horst Schlieske	Berlin 30	209	00:16:10	200	00:45:29	270	00:31:54	01:33:33	209-	220-	250
251	26	W21	Christiane Wichmann		212	00:15:54	250	00:49:35	212	00:28:58	01:33:35	198-	252-	251
252	18	M40	Helmut Kunze		252	00:17:38	245	00:49:17	191	00:26:43	01:33:38	252-	263-	252
253	3	M13	Simon Braun		80	00:13:11	242	00:48:44	271	00:32:09	01:34:04	80-	222-	253
254	6	M55	Fritz Brückmann	SISU Berlin	87	00:13:17	219	00:46:45	280	00:34:08	01:34:10	87-	197-	254
255	27	W21	Marion Dikel		213	00:16:16	238	00:48:23	242	00:29:53	01:34:25	213-	246-	255
256	19	M40	Horst Schneiders		267	00:18:31	192	00:45:06	259	00:30:50	01:34:27	267-	239-	256
257	28	W21	Karen Lüdemann		184	00:15:32	219	00:46:45	272	00:32:12	01:34:29	184-	226-	257
258	3	W35	Jutta Würpel	BSV Friesen	257	00:18:17	248	00:49:26	194	00:26:51	01:34:34	257-	267-	258
259	7	M50	Bernd Panthel	LC Stolpertruppe	243	00:17:06	229	00:47:31	249	00:30:03	01:34:40	243-	245-	259
260	8	W30	Sylvia Balzer		257	00:18:17	222	00:47:08	239	00:29:42	01:35:07	257-	251-	260
261	8	M50	Arne Seegers	BSG Schering	274	00:19:00	225	00:47:22	226	00:28:50	01:35:12	274-	258-	261
262	103	M21	Olaf Sokoll		0	00:00:00	287	01:06:51	219	00:28:38	01:35:29	0-	261-	262
263	44	M30	Stefan Weigel		179	00:15:27	237	00:48:19	269	00:31:45	01:35:31	179-	241-	263
264	29	W21	Sabine Stephan		181	00:15:29	245	00:49:17	265	00:31:13	01:35:59	181-	247-	264
265	30	W21	Maja Kröger	LC Stolpertruppe	227	00:16:39	234	00:48:11	266	00:31:17	01:36:07	227-	248-	265
266	31	W21	Carola Rusczyk		188	00:15:38	262	00:53:01	208	00:27:52	01:36:31	188-	273-	266
267	104	M21	Christoph Reckleben		122	00:14:09	277	00:58:34	106	00:24:04	01:36:47	122-	282-	267
268	105	M21	Peter Stremlau	The Weyrichs	260	00:18:21	223	00:47:21	264	00:31:09	01:36:51	260-	255-	268
269	2	W50	Heidelore Darger	BSG Bund	262	00:18:26	254	00:50:06	228	00:28:56	01:37:28	262-	271-	269
270	3	W19	Sandra Hardt	Weltraumjogger	137	00:14:34	267	00:53:52	232	00:29:04	01:37:30	137-	269-	270
271	106	M21	Christian Anhelm		142	00:14:37	213	00:46:20	284	00:36:42	01:37:39	142-	213-	271
272	32	W21	Petra Liehr		220	00:16:33	257	00:50:24	262	00:31:02	01:37:59	220-	264-	272
273	107	M21	Heiko Schöning	Turnerschaft Albo	199	00:15:59	275	00:57:14	140	00:24:59	01:38:12	199-	284-	273
274	13	M35	Detlev Werner		237	00:16:54	265	00:53:28	216	00:28:24	01:38:46	237-	276-	274
275	33	W21	Dagmar Huber		238	00:16:55	259	00:51:34	255	00:30:23	01:38:52	238-	270-	275
276	34	W21	Andrea Lampe		218	00:16:31	252	00:49:54	274	00:32:39	01:39:04	218-	259-	276
277	9	W30	Liane Haager		112	00:13:58	260	00:51:42	278	00:33:32	01:39:12	112-	254-	277
278	1	M60	Horst Lange		223	00:16:36	247	00:49:20	277	00:33:31	01:39:27	223-	256-	278
279	7	M55	Horst Paulke	BSG Bund	248	00:17:34	258	00:51:01	261	00:31:00	01:39:35	248-	272-	279
280	35	W21	Katharina Krahe		241	00:17:01	264	00:53:18	254	00:30:22	01:40:41	241-	275-	280
281	108	M21	Stefan Schulz	VAM e.V.	277	00:20:53	249	00:49:31	253	00:30:19	01:40:43	277-	277-	281
282	36	W21	Carola Körner		261	00:18:22	266	00:53:46	223	00:28:45	01:40:53	261-	281-	282
283	37	W21	Pascale Dhoop		273	00:18:59	261	00:52:26	238	00:29:32	01:40:57	273-	279-	283
284	38	W21	Cathrine Bouchet		192	00:15:44	273	00:55:37	239	00:29:42	01:41:03	192-	278-	284
285	109	M21	Stephan Heinz	TIB Berlin	67	00:12:49	227	00:47:23	286	00:41:09	01:41:21	67-	198-	285
286	20	M40	Herbert Pick		270	00:18:37	251	00:49:36	281	00:34:24	01:42:37	270-	268-	286
287	39	W21	Melanie Vetter		132	00:14:29	269	00:54:33	282	00:34:52	01:43:54	132-	274-	287
288	40	W21	Marion Messmer		271	00:18:51	268	00:54:18	267	00:31:19	01:44:28	271-	283-	288
289	10	W30	Petra Werner		269	00:18:33	263	00:53:07	276	00:33:01	01:44:41	269-	280-	289
290	41	W21	Anke Ludwig	TiB	0	00:00:00	284	01:05:23	285	00:40:07	01:45:30	0-	250-	290
291	11	W30	Irene Flintrop		218	00:16:31	282	01:00:05	231	00:29:02	01:45:38	218-	286-	291
292	42	W21	Anja Arends		275	00:20:20	272	00:55:32	268	00:31:23	01:47:15	275-	285-	292
293	12	W30	Martina Dettke		0	00:00:00	286	01:06:44	287	00:43:02	01:49:46	0-	260-	293
294	14	M35	Helmut Lorenz		278	00:26:40	278	00:58:50	279	00:33:45	01:59:15	278-	287-	294