

22. Berliner Volkstriathlon am 04.07.2010

Ergebnisliste Frauen



Pl	AK-/Pl	SNr	Name	Vorname	Verein	Swim	Rad	Lauf	Gesamt	Entwickl.						
1	TW40	1	105	Fink	Angela	18	0:17:06	3	0:39:12	1	0:21:22	01:17:40	18	5	1	
2	TW40	2	395	Schnaibel	Christine	3	0:15:19	5	0:39:29	13	0:26:08	01:20:56	3	2	2	
3	TW40	3	401	Schöppner	Ilka	Frauen Fitness St	19	0:17:07	1	0:38:12	16	0:26:24	01:21:43	19	3	3
4	TW24	1	292	Michalk	Linda	Pro Sport Berlin 2	10	0:16:40	8	0:39:49	14	0:26:11	01:22:40	10	6	4
5	TW40	4	261	Liebenow	Karena	SC Poseidon	4	0:15:20	22	0:42:01	9	0:25:26	01:22:47	4	9	5
6	TW30	1	107	Fleischer	Susanne	SCC Berlin	12	0:16:56	19	0:41:48	3	0:24:06	01:22:50	12	12	6
7	TW24	2	121	Gebhardt	Julia	NAUTILUS TRAI	7	0:15:51	13	0:40:53	17	0:26:37	01:23:21	7	7	7
8	TW30	2	35	Block	Sabine	Team Erdinger	8	0:16:13	6	0:39:35	25	0:28:10	01:23:58	8	4	8
9	TW35	1	108	Nave	Nancy	Berliner TSC	32	0:18:11	4	0:39:17	19	0:27:05	01:24:33	32	10	9
10	TW35	2	333	Pfarr	Constanze	SG Neukölln Berli	1	0:12:51	17	0:41:43	42	0:30:14	01:24:48	1	1	10
11	TW35	3	511	Zierold	Beatrice		52	0:19:07	16	0:41:36	5	0:24:27	01:25:10	52	23	11
12	TW24	3	197	Kilger	Theresa		6	0:15:48	30	0:43:32	10	0:25:52	01:25:12	6	16	12
13	TW35	4	391	Schmidt	Sonia	Running Gag Berl	23	0:17:32	32	0:43:37	4	0:24:09	01:25:18	23	26	13
14	TW30	3	18	Altenhof	Nicole	FU Berlin	11	0:16:43	10	0:40:30	26	0:28:11	01:25:24	11	8	14
15	TW40	5	206	Kleppek	Birgit		48	0:18:55	18	0:41:45	8	0:25:04	01:25:44	48	22	15
16	TW40	6	387	Schmidt	Martina	Witwe Bolte	19	0:17:07	15	0:41:05	22	0:27:39	01:25:51	19	11	16
17	TW30	4	455	Thormann	Nora		16	0:17:04	27	0:42:58	15	0:26:16	01:26:18	16	21	17
18	TW30	5	277	Makufke	Birgit	NAUTILUS TRAI	83	0:24:13	2	0:38:17	6	0:24:52	01:27:22	83	37	18
19	TW35	5	116	Gabrys	Alexandra	running gag berlin	55	0:19:10	48	0:45:37	2	0:22:40	01:27:27	55	47	19
20	TW45	1	434	Stach	Lori		5	0:15:29	37	0:43:55	32	0:28:35	01:27:59	5	17	20
21	TW30	6	411	Schubert	Maika	Team Erdinger	54	0:19:09	11	0:40:34	29	0:28:18	01:28:01	54	18	21
22	TW30	7	247	Kutschera	Maren	Running Gag Berl	24	0:17:40	43	0:44:57	10	0:25:52	01:28:29	24	38	22
23	TW40	7	179	Josupeit	Silke	Berliner TSC	35	0:18:15	40	0:44:33	12	0:25:57	01:28:45	35	39	23
24	TW20	1	85	During	Elisabeth		15	0:17:02	20	0:41:56	41	0:29:54	01:28:52	15	13	24
25	TW24	4	79	Doneit	Marieke		9	0:16:34	41	0:44:34	24	0:27:49	01:28:57	9	25	25
26	TW40	8	364	Rosenbaum	Susanne	SG BMF 07	61	0:19:52	39	0:44:26	7	0:24:54	01:29:12	61	44	26
27	TW40	9	145	Hauer	Christine		21	0:17:10	46	0:45:05	21	0:27:31	01:29:46	21	36	27
28	TW30	8	25	Barucker	Meike		41	0:18:31	9	0:40:28	48	0:30:58	01:29:57	41	14	28
29	TW30	9	2	Schwarzkopf	Julia	Weltraumjogger	17	0:17:05	24	0:42:40	44	0:30:17	01:30:02	17	19	29
30	TW45	2	448	Stürzbecher	Nicola		22	0:17:12	42	0:44:38	31	0:28:21	01:30:11	22	31	30
31	TW24	5	24	Barthel	Ina		37	0:18:23	27	0:42:58	35	0:28:56	01:30:17	37	28	31
32	TW35	6	272	Männecke	Jeanette		29	0:17:56	38	0:43:56	36	0:29:00	01:30:52	29	32	32
33	TW40	10	8	Schütt	Kerstin		34	0:18:13	49	0:46:01	20	0:27:29	01:31:43	34	43	33
34	TW35	7	36	Blümert	Martina	NAUTILUS TRAI	39	0:18:27	26	0:42:54	45	0:30:31	01:31:52	39	28	34
35	TW30	10	491	Westphal	Jeanette		51	0:19:05	45	0:45:02	30	0:28:19	01:32:26	51	42	35
36	TW24	6	218	Konieczny	Nadine	NAUTILUS TRAI	43	0:18:40	11	0:40:34	65	0:33:16	01:32:30	43	15	36
37	TW35	8	399	Schöne	Susanne		72	0:21:11	7	0:39:44	56	0:31:54	01:32:49	72	24	37
38	TW45	3	222	Koselowsky	Andrea		70	0:21:09	21	0:41:59	46	0:30:38	01:33:46	70	41	38
39	TW30	11	291	Meyer-Rabe	Kerstin		57	0:19:13	36	0:43:53	50	0:31:03	01:34:09	57	40	39
40	TW35	9	14	Hertzsch	Solveig		36	0:18:21	35	0:43:50	57	0:31:59	01:34:10	36	35	40
40	TW35	9	117	Gadow	Nicola		32	0:18:11	33	0:43:41	59	0:32:18	01:34:10	32	32	40
42	TW50	1	44	Bohn	Marion		14	0:17:00	29	0:43:00	73	0:34:14	01:34:14	14	20	42
43	TW24	7	478	Warner	Lisa		62	0:20:01	59	0:47:32	18	0:26:47	01:34:20	62	63	43
44	TW45	4	151	Heller	Dorothee	Basketballclub Lic	40	0:18:30	25	0:42:50	64	0:33:04	01:34:24	40	27	44
45	TW50	2	503	Wolpert	Angelika	Berlin	47	0:18:51	60	0:47:54	23	0:27:41	01:34:26	47	56	45
46	TW45	5	294	Mietzke	Angelika	BSG Landesbank	81	0:24:02	23	0:42:17	28	0:28:14	01:34:33	81	55	46
47	TW40	11	20	Andratschke	Petra		28	0:17:52	31	0:43:33	69	0:33:40	01:35:05	28	30	47
48	TW40	12	442	Stibbe	Iris		56	0:19:11	52	0:46:23	39	0:29:40	01:35:14	56	50	48
49	TW40	13	354	Reitemeyer	K. Svenja	Running Gag Berl	59	0:19:35	57	0:47:11	32	0:28:35	01:35:21	59	57	49
50	TW35	11	172	Hübner	Lea		46	0:18:50	50	0:46:14	47	0:30:46	01:35:50	46	49	50
51	TW40	14	252	Laroche	Manuela		50	0:19:04	62	0:48:04	38	0:29:28	01:36:36	50	59	51
52	TW40	15	376	Saure	Kerstin		31	0:18:06	54	0:46:48	54	0:31:43	01:36:37	31	48	52
53	TW35	12	379	Scheunemann	Manuela		30	0:18:04	67	0:49:09	40	0:29:42	01:36:55	30	60	53

<i>Pl</i>	<i>AK/-Pl</i>	<i>SNr</i>	<i>Name</i>	<i>Vorname</i>	<i>Verein</i>	<i>Swim</i>	<i>Rad</i>	<i>Lauf</i>	<i>Gesamt</i>	<i>Entwickl.</i>						
54	TW40	16	199	Kirchner	Sabine	NAUTILUS TRAI	27	0:17:49	53	0:46:32	63	0:32:54	01:37:15	27	45	54
55	TW40	17	164	Hinz	Petra		38	0:18:24	70	0:49:34	37	0:29:24	01:37:22	38	64	55
56	TW30	12	129	Goldin	Juliane		26	0:17:47	56	0:46:57	61	0:32:48	01:37:32	26	46	56
57	TW40	18	207	Kliem	Anita	KSV 90 Berlin-Pa	66	0:20:36	55	0:46:54	42	0:30:14	01:37:44	66	62	57
58	TW30	13	160	Herrmann	Eva	ironduces	75	0:21:58	34	0:43:49	58	0:32:13	01:38:00	75	51	58
59	TW30	14	417	Schwedas	Julia		44	0:18:41	64	0:48:34	55	0:31:47	01:39:02	44	61	59
60	TW30	15	304	Müller	Ariane		87	0:29:53	14	0:40:58	27	0:28:13	01:39:04	87	73	60
61	TW30	16	209	Klose	Patricia		63	0:20:25	47	0:45:30	67	0:33:20	01:39:15	63	52	61
62	TW20	2	84	Dullin	Franziska		2	0:13:32	77	0:52:45	68	0:33:37	01:39:54	2	54	62
62	TW24	8	345	Radatz	Christiane		13	0:16:59	44	0:44:59	77	0:37:56	01:39:54	13	34	62
64	TW45	6	522	Drews	Elke		67	0:20:37	73	0:50:48	34	0:28:53	01:40:18	67	75	64
65	TW24	9	132	Grabowski	Katja		76	0:21:59	61	0:47:59	52	0:31:27	01:41:25	76	68	65
66	TW35	13	419	Seifert	Ulrike		25	0:17:43	76	0:52:42	51	0:31:25	01:41:50	25	70	66
67	TW45	7	279	Marekowa	Ugla		42	0:18:38	75	0:52:04	53	0:31:35	01:42:17	42	71	67
68	TW65	1	238	Krüger	Ute	NAUTILUS TRAI	82	0:24:08	58	0:47:20	49	0:31:00	01:42:28	82	76	68
69	TW35	14	386	Schmidt	Michaela		78	0:22:17	66	0:48:47	60	0:32:28	01:43:32	78	74	69
70	TW40	19	418	Schwenke	Tatjana		58	0:19:33	72	0:50:08	70	0:33:59	01:43:40	58	66	70
71	TW40	20	4	Tischer	Marion	Weltraumjogger	60	0:19:46	51	0:46:21	76	0:37:49	01:43:56	60	53	71
72	TW40	21	124	Geyer	Irmgard		68	0:20:50	71	0:49:59	65	0:33:16	01:44:05	68	72	72
73	TW35	15	255	Last	Heike		45	0:18:42	63	0:48:24	78	0:38:55	01:46:01	45	58	73
74	TW24	10	137	Gürlich	Claudia	NAUTILUS TRAI	74	0:21:42	78	0:53:33	62	0:32:50	01:48:05	74	78	74
75	TW35	16	149	Helbig	Cordula		53	0:19:08	68	0:49:10	84	0:41:19	01:49:37	53	65	75
76	TW40	22	280	Mattner	Angela		71	0:21:10	65	0:48:35	82	0:40:07	01:49:52	71	67	76
77	TW40	23	483	Weidner	Dörthe		49	0:18:57	74	0:51:07	83	0:41:10	01:51:14	49	69	77
78	TW40	24	435	Starke-Becker	Heike		65	0:20:33	82	0:56:23	74	0:35:02	01:51:58	65	80	78
79	TW40	25	426	Singer	Patricia	BMW-Team	80	0:23:43	69	0:49:29	80	0:39:08	01:52:20	80	77	79
80	TW45	8	501	Wolfers	Monika	NAUTILUS TRAI	85	0:26:04	80	0:55:36	71	0:34:00	01:55:40	85	82	80
81	TW45	9	54	Braune	Mareile	Berlin	64	0:20:27	81	0:56:14	79	0:39:00	01:55:41	64	79	81
82	TW30	17	170	Howitz	Juliane		79	0:22:21	85	0:59:51	72	0:34:02	01:56:14	79	83	82
83	TW45	10	396	Schneider	Kay	Berliner TSC	86	0:29:45	79	0:54:31	75	0:36:30	02:00:46	86	85	83
84	TW35	17	147	Heider	Nicole		77	0:22:00	84	0:57:29	85	0:42:08	02:01:37	77	81	84
85	TW45	11	13	Adrian	Sabine	NAUTILUS TRAI	84	0:25:41	83	0:57:17	81	0:39:20	02:02:18	84	84	85
86	TW30	18	171	Hübner	Judith		69	0:20:58	86	1:04:18	86	0:42:32	02:07:48	69	86	86
87	TW40	26	338	Pohl	Marina		73	0:21:16	87	1:04:49	87	0:52:05	02:18:10	73	87	87

Disqualifiziert: keine !

Zeitnahme durch BlueWonder

22. Berliner Volkstriathlon am 04.07.2010

Ergebnisliste Männer



Pl	AK-/Pl	SNr	Name	Vorname	Verein	Swim	Rad	Lauf	Gesamt	Entwickl.
1	TM40	1 445	Stöckigt	Detlef	Potadamer Schwi	307 00:00:0	302 00:00:0	1 0:19:52	01:06:09	307 2 1
2	TM20	1 17	Schmidt	Maximilian		13 0:13:23	3 0:33:41	3 0:20:02	01:07:06	13 4 2
3	TM24	1 118	Gaebler	Vinzent		8 0:13:04	5 0:34:01	4 0:20:45	01:07:50	8 5 3
4	TM40	2 246	Kusch	Olli	Wasserfreunde S	1 0:09:53	13 0:34:46	41 0:23:38	01:08:17	1 1 4
5	TM20	2 235	Kröhnert	Kevin		16 0:13:31	4 0:33:59	7 0:20:57	01:08:27	16 6 5
6	TM35	1 174	Jefferys	Campbell		11 0:13:13	7 0:34:21	10 0:21:46	01:09:20	11 7 6
7	TM20	3 146	Hecklau	Tobias		17 0:13:34	16 0:35:01	5 0:20:49	01:09:24	17 8 7
8	TM40	3 200	Kirchner	Andreas	NAUTILUS TRAI	26 0:14:23	17 0:35:04	21 0:22:35	01:12:02	26 11 8
9	TM45	1 219	Hase	Jürgen-Paul	Stolpertruppe Sch	10 0:13:12	35 0:36:33	20 0:22:33	01:12:18	10 15 9
10	TM35	2 38	Böhme	Nico	NAUTILUS TRAI	49 0:15:50	2 0:33:37	28 0:22:52	01:12:19	49 11 10
11	TM45	2 148	Heinrich	Ralf	NAUTILUS TRAI	92 0:16:59	1 0:33:33	12 0:21:55	01:12:27	92 19 11
12	TM30	1 330	Perlaki	Pascal	NAUTILUS TRAI	36 0:14:59	10 0:34:30	33 0:23:15	01:12:44	36 13 12
13	TM40	4 314	Nickel	Frank	Stolpertruppe	6 0:12:47	27 0:35:56	61 0:24:18	01:13:01	6 9 13
14	TM40	5 436	Stegemann	Bert	Dauerbrenner Ber	56 0:16:05	12 0:34:43	15 0:22:14	01:13:02	56 20 14
15	TM50	1 237	Krueger	Claus	SV Kirxharten	3 0:12:19	33 0:36:26	70 0:24:41	01:13:26	3 10 15
16	TM35	3 423	Siebelds	Georg	ERDINGER Tri-C	5 0:12:43	6 0:34:15	140 0:26:57	01:13:55	5 3 16
17	TM35	4 241	Kümmel	Björn		66 0:16:19	40 0:36:43	6 0:20:54	01:13:56	66 39 17
18	TM35	5 360	Rösch	Florian		98 0:17:03	20 0:35:17	11 0:21:54	01:14:14	98 31 18
19	TM24	2 128	Görke	Michael		28 0:14:31	35 0:36:33	36 0:23:20	01:14:24	28 21 19
20	TM35	6 195	Kendzia	Gregor	Stolpertruppe	31 0:14:42	43 0:36:48	29 0:22:55	01:14:25	31 24 20
21	TM30	2 27	Behrends	Jan	Dauerbrenner Ber	37 0:15:03	45 0:37:05	16 0:22:22	01:14:30	37 30 21
22	TM40	6 410	Schroschk	Karsten	Taberna Berlin	87 0:16:56	34 0:36:32	8 0:21:07	01:14:35	87 50 22
23	TM24	3 37	Böhm	Joseph	FU Berlin	96 0:17:02	24 0:35:37	14 0:21:59	01:14:38	96 36 23
24	TM35	7 306	Nähring	Martial	GKK	110 0:17:12	9 0:34:28	31 0:23:05	01:14:45	110 26 24
25	TM24	4 287	Meißner	Stefan	FH Runners Berli	102 0:17:05	56 0:37:41	2 0:20:00	01:14:46	102 66 25
26	TM30	3 144	Hansen	Ulf	NAUTILUS TRAI	18 0:13:38	25 0:35:55	89 0:25:23	01:14:56	18 14 26
27	TM40	7 484	Weigert	Timo	NAUTILUS TRAI	49 0:15:50	8 0:34:24	78 0:24:55	01:15:09	49 17 27
28	TM35	8 154	Hennig	Christian	FU Berlin	12 0:13:19	71 0:38:18	47 0:23:49	01:15:26	12 25 28
29	TM40	8 490	Wessel	Christian		44 0:15:30	11 0:34:36	93 0:25:36	01:15:42	44 16 29
30	TM45	3 248	Labenz	Jens	Rocky Balboa	7 0:12:57	100 0:39:29	40 0:23:27	01:15:53	7 33 30
31	TM35	9 437	Stegemann	Jens	Dauerbrenner Ber	123 0:17:22	25 0:35:55	23 0:22:38	01:15:55	123 45 31
32	TM20	4 269	Lorenz	Steffen	Berliner TSC	23 0:14:10	28 0:36:09	98 0:25:45	01:16:04	23 18 32
33	TM40	9 158	Herhold	Guido		92 0:16:59	21 0:35:22	43 0:23:46	01:16:07	92 32 33
34	TM40	10 315	Niemann	Heiko	SCC Triathlon	155 0:18:03	14 0:35:00	32 0:23:13	01:16:16	155 40 34
35	TM45	4 415	Schuster	Gerold	Rentenservice	64 0:16:17	64 0:38:07	12 0:21:55	01:16:19	64 60 35
36	TM45	5 186	Kaiser	Uwe	Stolpertruppe Sch	19 0:13:52	85 0:38:47	45 0:23:47	01:16:26	19 36 36
37	TM20	5 494	Wiechel	Friedemann		22 0:14:09	48 0:37:18	83 0:25:06	01:16:33	22 22 37
38	TM30	4 329	Penschow	Jonas	FU Berlin	42 0:15:18	29 0:36:10	83 0:25:06	01:16:34	42 23 38
38	TM40	11 318	Nolting	Eberhard		72 0:16:30	41 0:36:44	36 0:23:20	01:16:34	72 43 38
40	TM45	6 366	Rothe	Andre		47 0:15:34	79 0:38:34	21 0:22:35	01:16:43	47 57 40
41	TM35	10 61	Buttelmann	Rafael	NAUTILUS TRAI	46 0:15:33	61 0:38:00	39 0:23:24	01:16:57	46 54 41
42	TM40	12 201	Klages	Jan		43 0:15:22	53 0:37:30	55 0:24:12	01:17:04	43 38 42
43	TM30	5 28	Behrendt	Robert		68 0:16:24	45 0:37:05	43 0:23:46	01:17:15	68 51 43
44	TM45	7 363	Rosema	Frank	Antigua 2010	214 0:19:23	22 0:35:23	25 0:22:41	01:17:27	214 66 44
45	TM50	2 412	Schulte-Spech	Rolf	TSC Berlin 1893	114 0:17:15	58 0:37:46	18 0:22:28	01:17:29	114 72 45
46	TM45	8 60	Bussert	Robert		14 0:13:28	111 0:39:51	58 0:24:16	01:17:35	14 46 46
47	TM40	13 212	Knorr	Thomas		107 0:17:11	31 0:36:14	65 0:24:26	01:17:51	107 49 47
48	TM50	3 10	Opitz	Andreas		66 0:16:19	79 0:38:34	30 0:23:00	01:17:53	66 68 48
49	TM35	11 496	Wischnewski	Kolja	FU Berlin	153 0:18:01	18 0:35:15	69 0:24:39	01:17:55	153 44 49
50	TM30	6 39	Böhme	Ingo	NAUTILUS TRAI	27 0:14:28	91 0:39:03	63 0:24:25	01:17:56	27 53 50
51	TM24	5 285	Meisen	Daniel		48 0:15:43	32 0:36:19	105 0:25:55	01:17:57	48 28 51
52	TM30	7 362	Roloff	Michael		80 0:16:39	44 0:36:56	62 0:24:23	01:17:58	80 55 52
53	TM45	9 510	Ziegler	Ronald	SG Bayer Scherin	110 0:17:12	82 0:38:40	19 0:22:31	01:18:23	110 90 53

<i>Pl</i>	<i>AK/-Pl</i>	<i>SNr</i>	<i>Name</i>	<i>Vorname</i>	<i>Verein</i>	<i>Swim</i>		<i>Rad</i>		<i>Lauf</i>		<i>Gesamt</i>	<i>Entwickl.</i>			
54	TM35	12	468	Vogel	Fabian		88	0:16:57	51	0:37:29	52	0:24:01	01:18:27	88	61	54
55	TM45	10	378	Schenk	Christian	Rasende Softies	61	0:16:10	73	0:38:20	54	0:24:05	01:18:35	61	62	55
56	TM35	13	353	Reimann	Pierre		25	0:14:19	55	0:37:38	131	0:26:40	01:18:37	25	27	56
57	TM30	8	50	Bouchot	Edmond		9	0:13:06	98	0:39:26	111	0:26:08	01:18:40	9	34	57
58	TM45	11	299	Mogilka	Werner		145	0:17:50	69	0:38:13	25	0:22:41	01:18:44	145	92	58
59	TM30	9	422	Sepällä	Sebastian	buycarsonline	57	0:16:06	90	0:38:53	47	0:23:49	01:18:48	57	71	59
60	TM35	14	388	Schmidt	Matthias		79	0:16:38	39	0:36:41	93	0:25:36	01:18:55	79	46	60
61	TM40	14	96	Erkel	Gregor		55	0:15:58	49	0:37:23	96	0:25:39	01:19:00	55	48	61
62	TM40	15	474	von Schwerin	Axel		15	0:13:30	121	0:40:00	92	0:25:33	01:19:03	15	52	62
63	TM45	12	202	Klatt	Matthias	GKK	134	0:17:31	42	0:36:45	80	0:24:56	01:19:12	134	58	63
64	TM30	10	165	Höhn	Marko		61	0:16:10	116	0:39:52	33	0:23:15	01:19:17	61	91	64
65	TM20	6	495	Wiertelorz	Christian		20	0:14:07	156	0:41:28	49	0:23:51	01:19:26	20	86	65
66	TM45	13	278	Maluch	Hargo		84	0:16:52	62	0:38:04	66	0:24:31	01:19:27	84	69	66
67	TM24	6	429	Sonntag	Martin	NAUTILUS TRAI	90	0:16:58	74	0:38:26	58	0:24:16	01:19:40	90	83	67
68	TM35	15	471	von Hardenbe	Fritz	ironduedes	52	0:15:55	38	0:36:38	149	0:27:12	01:19:45	52	35	68
69	TM45	14	293	Micke	Tobias	FU Berlin	187	0:18:44	30	0:36:13	73	0:24:50	01:19:47	187	70	69
70	TM35	16	373	Sachse	Jörg		163	0:18:11	97	0:39:19	17	0:22:27	01:19:57	163	115	70
71	TM30	11	94	Elsner	Matias	NAUTILUS TRAI	141	0:17:43	23	0:35:26	135	0:26:49	01:19:58	141	42	71
71	TM40	16	460	Triebkorn	Marcus		233	0:19:52	50	0:37:26	24	0:22:40	01:19:58	233	112	71
73	TM50	4	183	Jüngling	Peter		33	0:14:50	116	0:39:52	88	0:25:21	01:20:03	33	65	73
74	TM40	17	282	Meinert	Dr. Markus		64	0:16:17	156	0:41:28	25	0:22:41	01:20:26	64	120	74
74	TM50	5	485	Weinrich	Steffen		85	0:16:53	82	0:38:40	76	0:24:53	01:20:26	85	84	74
76	TM40	18	393	Schmidt	Ralf	Witwe Bolte	168	0:18:25	18	0:35:15	138	0:26:54	01:20:34	168	56	76
77	TM30	12	260	Lessmann	Oliver		75	0:16:33	75	0:38:28	95	0:25:37	01:20:38	75	72	77
78	TM24	7	223	Kowalczyk	Maximilian	Berlin	101	0:17:04	14	0:35:00	198	0:28:42	01:20:46	101	29	78
79	TM35	17	475	Voßkamp	Julian	ironduedes	70	0:16:28	37	0:36:37	162	0:27:42	01:20:47	70	41	79
80	TM45	15	157	Herfordt	Ralf		98	0:17:03	63	0:38:06	97	0:25:40	01:20:49	98	78	80
81	TM45	16	500	Woischnig	Andreas		29	0:14:32	160	0:41:33	80	0:24:56	01:21:01	29	93	81
82	TM50	6	334	Pietsch	Bernhard		51	0:15:52	123	0:40:15	82	0:24:58	01:21:05	51	94	82
83	TM45	17	196	Kessler	Olaf	NAUTILUS TRAI	189	0:18:48	51	0:37:29	74	0:24:52	01:21:09	189	96	83
84	TM45	18	467	Vieweg	René	Rasende Softies	41	0:15:17	111	0:39:51	108	0:26:02	01:21:10	41	77	84
85	TM35	18	446	Stommel	Sven	SCC Berlin	40	0:15:10	127	0:40:23	107	0:26:01	01:21:34	40	84	85
86	TM50	7	159	Herold	Karsten	SG Bayer Scherin	177	0:18:35	64	0:38:07	87	0:25:09	01:21:51	177	102	86
87	TM45	19	253	Laschinsky	Bernd		121	0:17:21	60	0:37:57	129	0:26:36	01:21:54	121	80	87
88	TM45	20	66	Coenzler	Rainer		59	0:16:09	134	0:40:43	85	0:25:07	01:21:59	59	107	88
89	TM50	8	184	Kacperski	Slawomir	ORKAN Szczecin	157	0:18:05	68	0:38:10	99	0:25:48	01:22:03	157	95	89
90	TM60	1	45	Boldt	Ditmar	Berlin	117	0:17:18	72	0:38:19	125	0:26:31	01:22:08	117	87	90
91	TM40	19	250	Lange	Dietmar		201	0:19:09	81	0:38:37	63	0:24:25	01:22:11	201	121	91
92	TM20	7	180	Juckel	Robin	NAUTILUS TRAI	103	0:17:06	145	0:41:03	56	0:24:15	01:22:24	103	128	92
93	TM40	20	452	Tesch	Mirko		196	0:19:04	106	0:39:39	45	0:23:47	01:22:30	196	143	93
94	TM50	9	31	Bergmann	Andreas R.	BSV Friesen	159	0:18:08	78	0:38:32	102	0:25:51	01:22:31	159	101	94
95	TM50	10	273	Maier	Armin	Jelly Bears Berlin	170	0:18:28	125	0:40:22	50	0:23:52	01:22:42	170	146	95
96	TM40	21	516	Zotzmann	Jörg	running scientists	72	0:16:30	111	0:39:51	123	0:26:27	01:22:48	72	99	96
97	TM50	11	6	Zieße	Knut		32	0:14:49	131	0:40:34	153	0:27:26	01:22:49	32	82	97
98	TM40	22	263	Liebnau	David		69	0:16:26	167	0:41:54	68	0:24:38	01:22:58	69	131	98
99	TM45	21	358	Röhrbein	Frank	NAUTILUS TRAI	45	0:15:32	101	0:39:30	178	0:27:57	01:22:59	45	74	99
100	TM40	23	189	Kaspar	Christian		106	0:17:10	102	0:39:32	119	0:26:22	01:23:04	106	102	100
101	TM24	8	271	Ludwig	Sascha	Titti Twister tri Te	130	0:17:28	88	0:38:51	134	0:26:48	01:23:07	130	97	101
102	TM35	19	405	Schott	Ronald	TC 1899 Blau We	38	0:15:04	158	0:41:29	130	0:26:37	01:23:10	38	100	102
103	TM45	22	142	Hanisch	Gert		138	0:17:34	54	0:37:33	186	0:28:17	01:23:24	138	76	103
104	TM35	20	413	Schulz	Christian	NAUTILUS TRAI	103	0:17:06	172	0:42:05	56	0:24:15	01:23:26	103	154	104
105	TM45	23	257	Lehmann	Bernd		209	0:19:19	107	0:39:41	67	0:24:37	01:23:37	209	150	105
106	TM45	24	98	Fell	Jan		137	0:17:33	70	0:38:16	173	0:27:55	01:23:44	137	89	106
107	TM45	25	479	Wedewardt	Marec		184	0:18:39	67	0:38:09	142	0:26:59	01:23:47	184	104	107
108	TM50	12	69	Daniel	Horst		307	00:00:0	302	00:00:0	307	00:00:0	01:23:50	307	171	108
109	TM65	1	375	Sandau	Ekkehard	LWV Potsdam	107	0:17:11	180	0:42:23	60	0:24:17	01:23:51	107	163	109
110	TM40	24	251	Lapas	Boris		117	0:17:18	154	0:41:26	86	0:25:08	01:23:52	117	144	110
111	TM30	13	368	Rother	Torsten		151	0:17:59	99	0:39:27	128	0:26:35	01:24:01	151	113	111
112	TM45	26	244	Kurowski	Thomas		77	0:16:36	132	0:40:36	139	0:26:55	01:24:07	77	111	112
113	TM40	25	30	Berg	Torsten	Team ERDINGE	20	0:14:07	151	0:41:15	200	0:28:46	01:24:08	20	81	113

<i>Pl</i>	<i>AK/Pl</i>	<i>SNr</i>	<i>Name</i>	<i>Vorname</i>	<i>Verein</i>	<i>Swim</i>	<i>Rad</i>	<i>Lauf</i>	<i>Gesamt</i>	<i>Entwickl.</i>						
114	TM40	26	369	Ruby	Daniel		224	0:19:43	110	0:39:48	71	0:24:45	01:24:16	224	161	114
115	TM30	14	518	Zunke	Henry	vlf	94	0:17:00	140	0:40:49	131	0:26:40	01:24:29	94	123	115
116	TM40	27	264	Lindemann	Detlef	just for fun	39	0:15:07	203	0:43:39	100	0:25:49	01:24:35	39	145	116
117	TM45	27	486	Weiß	Michael		186	0:18:43	111	0:39:51	109	0:26:05	01:24:39	186	137	117
118	TM30	15	497	Witt	Nico	NAUTILUS TRAI	61	0:16:10	159	0:41:32	141	0:26:58	01:24:40	61	118	118
119	TM35	21	234	Kroehne	Lutz		248	0:20:30	95	0:39:16	78	0:24:55	01:24:41	248	167	119
120	TM40	28	83	Dukowsky	Markus	Team ERDINGE	293	0:23:17	302	00:00:0	307	00:00:0	01:24:43	293	171	120
121	TM30	16	73	Dietrich	Dennis	LG Nord (VfB Her	166	0:18:18	198	0:43:16	35	0:23:16	01:24:50	166	192	121
121	TM40	29	113	Kurz	Friedrich		172	0:18:29	93	0:39:12	146	0:27:09	01:24:50	172	117	121
121	TM45	28	372	Runge	Andre	GKK	204	0:19:12	93	0:39:12	121	0:26:26	01:24:50	204	132	121
124	TM30	17	232	Kröger	Stefan		146	0:17:53	95	0:39:16	162	0:27:42	01:24:51	146	109	124
125	TM40	30	70	Davidson	Thomas		74	0:16:31	179	0:42:19	109	0:26:05	01:24:55	74	146	125
126	TM24	9	447	Stryj	Sebastian		124	0:17:23	108	0:39:42	177	0:27:56	01:25:01	124	108	126
127	TM65	2	5	Leuschner	Hans	Tri Finisher	88	0:16:57	57	0:37:43	234	0:30:24	01:25:04	88	64	127
128	TM45	29	359	Römer	Andreas	Telefonica o2	107	0:17:11	92	0:39:09	207	0:29:03	01:25:23	107	98	128
129	TM40	31	459	Töpfer	Andreas	NAUTILUS TRAI	196	0:19:04	119	0:39:58	121	0:26:26	01:25:28	196	152	129
130	TM40	32	88	Eich	Michael	triattack sonsbeck	184	0:18:39	76	0:38:31	187	0:28:20	01:25:30	184	110	130
131	TM30	18	450	Sturzenbecher	Markus		199	0:19:08	89	0:38:52	155	0:27:32	01:25:32	199	126	131
132	TM40	33	389	Schmidt	Markus	Team Erdinger	199	0:19:08	163	0:41:37	74	0:24:52	01:25:37	199	182	132
133	TM45	30	309	Nawrot	Thomas	first choice nawi	198	0:19:06	86	0:38:48	165	0:27:45	01:25:39	198	125	133
134	TM35	22	431	Sparig	Jens Ove	ironduces	76	0:16:34	59	0:37:48	246	0:31:20	01:25:42	76	59	134
135	TM40	34	102	Fiedrich	Sven	SGS	23	0:14:10	129	0:40:26	243	0:31:07	01:25:43	23	63	135
136	TM40	35	472	von Oy	Patrick		207	0:19:17	124	0:40:17	113	0:26:10	01:25:44	207	163	136
137	TM30	19	215	Körtner	Benny	RC Charlottenbur	220	0:19:37	87	0:38:50	150	0:27:18	01:25:45	220	134	137
138	TM24	10	242	Kuhnert	Julian		96	0:17:02	149	0:41:10	161	0:27:41	01:25:53	96	130	138
139	TM45	31	11	Schilling	Gert		144	0:17:47	153	0:41:20	136	0:26:50	01:25:57	144	153	139
140	TM35	23	204	Kleinert	Frank	NAUTILUS TRAI	115	0:17:17	103	0:39:34	210	0:29:07	01:25:58	115	106	140
140	TM45	32	481	Wegener	Hagen		179	0:18:36	146	0:41:04	117	0:26:18	01:25:58	179	165	140
142	TM35	24	352	Reimann	Rene		77	0:16:36	148	0:41:07	190	0:28:31	01:26:14	77	119	142
143	TM40	36	456	Thümmler	Werner	Al Titan Team	121	0:17:21	182	0:42:28	124	0:26:28	01:26:17	121	168	143
144	TM35	25	424	Siegert	Stefan	vlf	86	0:16:55	165	0:41:47	157	0:27:38	01:26:20	86	142	144
145	TM40	37	136	Grote	Henryk	NAUTILUS TRAI	124	0:17:23	139	0:40:48	184	0:28:13	01:26:24	124	129	145
145	TM24	11	90	Eikemann	Eike		90	0:16:58	194	0:43:01	120	0:26:25	01:26:24	90	170	145
147	TM50	13	300	Mohr	Thomas	SG BMF 07	302	0:26:52	64	0:38:07	9	0:21:30	01:26:29	302	241	147
148	TM45	33	193	Kebeiks	Klaus Peter	Titti Twister Tri Te	33	0:14:50	125	0:40:22	247	0:31:23	01:26:35	33	79	148
149	TM24	12	296	Migaud	Pascal		227	0:19:47	105	0:39:37	151	0:27:19	01:26:43	227	158	149
150	TM30	20	122	Geissler	Robert	Berlin	130	0:17:28	160	0:41:33	167	0:27:48	01:26:49	130	151	150
151	TM55	1	432	Sperber	Klaus		175	0:18:33	128	0:40:24	169	0:27:53	01:26:50	175	149	151
152	TM40	38	270	Ludewig	Jörg		4	0:12:25	188	0:42:38	253	0:31:49	01:26:52	4	75	152
153	TM35	26	374	Sadtler	Dirk	Zehlendorfer Eich	159	0:18:08	84	0:38:41	230	0:30:07	01:26:56	159	105	153
154	TM40	39	65	Christian	Matthias	Rentenservice	83	0:16:45	204	0:43:42	126	0:26:32	01:26:59	83	179	154
155	TM35	27	46	Bollm	Thomas		120	0:17:20	176	0:42:09	157	0:27:38	01:27:07	120	160	155
156	TM35	28	216	Kolkmann	Michael		307	00:00:0	302	00:00:0	144	0:27:05	01:27:10	307	177	156
157	TM30	21	325	Patrick	Hentschel		236	0:19:55	136	0:40:45	126	0:26:32	01:27:12	236	181	157
158	TM30	22	123	Gerds	Karsten		176	0:18:34	111	0:39:51	201	0:28:49	01:27:14	176	133	158
159	TM35	29	103	Fiethe	Niels	Hellstern Zahntec	139	0:17:38	142	0:40:57	196	0:28:41	01:27:16	139	139	159
160	TM45	34	12	Adam	Karlu		179	0:18:36	184	0:42:31	114	0:26:12	01:27:19	179	188	160
161	TM40	40	400	Schönknecht	Uwe	NAUTILUS TRAI	179	0:18:36	228	0:45:05	42	0:23:45	01:27:26	179	220	161
162	TM30	23	301	Mühlbauer	Fabian		129	0:17:27	150	0:41:14	203	0:28:55	01:27:36	129	141	162
163	TM30	24	217	Koltermann	Jan	Moussambani All	133	0:17:30	147	0:41:06	208	0:29:05	01:27:41	133	140	163
164	TM40	41	33	Blankenfeld	Frank	Pro Sport Berlin	278	0:21:50	171	0:42:04	53	0:24:02	01:27:56	278	226	164
165	TM40	42	34	Blenn	Rene	SG Stern	117	0:17:18	135	0:40:44	227	0:29:59	01:28:01	117	127	165
166	TM40	43	78	Dollenmayer	Pay		35	0:14:51	256	0:47:06	116	0:26:17	01:28:14	35	195	166
167	TM30	25	41	Böttcher	Robert	NAUTILUS TRAI	229	0:19:50	141	0:40:55	154	0:27:30	01:28:15	229	182	167
168	TM70	1	1	Stöckigt	Hartwig	RSV Spandau	105	0:17:09	76	0:38:31	271	0:32:38	01:28:18	105	88	168
169	TM45	35	394	Schmidt	Steffen		162	0:18:10	200	0:43:23	143	0:27:03	01:28:36	162	191	169
170	TM50	14	100	Feuerbaum	Ralf	LT Bernd Hübner	254	0:20:46	211	0:43:55	51	0:23:56	01:28:37	254	237	170
171	TM45	36	22	Bahn	Peter		112	0:17:14	178	0:42:18	210	0:29:07	01:28:39	112	162	171
172	TM35	30	21	Arft	Henning	vlf	194	0:19:01	208	0:43:50	101	0:25:50	01:28:41	194	206	172
173	TM50	15	466	v.Oppen	Carl-August		190	0:18:50	213	0:44:00	104	0:25:53	01:28:43	190	205	173

<i>Pl</i>	<i>AK/Pl</i>	<i>SNr</i>	<i>Name</i>	<i>Vorname</i>	<i>Verein</i>	<i>Swim</i>		<i>Rad</i>		<i>Lauf</i>		<i>Gesamt</i>	<i>Entwickl.</i>			
174	TM30	26	326	Patzelt	Matthias		275	0:21:39	138	0:40:47	117	0:26:18	01:28:44	275	196	174
175	TM50	16	317	Nitz	Thomas	Ski SG Bund	234	0:19:54	187	0:42:37	115	0:26:16	01:28:47	234	199	175
176	TM30	27	127	Glatzel	Bernhard		188	0:18:45	172	0:42:05	179	0:27:58	01:28:48	188	184	176
177	TM30	28	168	Honert	Andreas		204	0:19:12	172	0:42:05	155	0:27:32	01:28:49	204	189	177
177	TM30	28	178	Johnson	Robert		211	0:19:20	162	0:41:34	173	0:27:55	01:28:49	211	185	177
179	TM35	31	89	Eichenberg	Mattias	Berlin	169	0:18:26	223	0:44:32	103	0:25:52	01:28:50	169	210	179
179	TM45	37	210	Klug	Rainer	triattacksonsbeck	147	0:17:54	120	0:39:59	241	0:30:57	01:28:50	147	124	179
181	TM40	44	262	Liebig	Olaf		132	0:17:29	190	0:42:44	195	0:28:38	01:28:51	132	178	181
182	TM45	38	173	Ishii	Kei		268	0:21:19	109	0:39:47	169	0:27:53	01:28:59	268	187	182
183	TM50	17	404	Schomaker	Klaus		148	0:17:57	184	0:42:31	191	0:28:36	01:29:04	148	180	183
184	TM45	39	441	Steinhorst	Martin		300	0:25:14	47	0:37:14	131	0:26:40	01:29:08	300	197	184
185	TM40	45	259	Lemke	Matthias	KSV 90 Berlin-Pa	209	0:19:19	248	0:46:34	38	0:23:23	01:29:16	209	254	185
186	TM35	32	77	Dogs	Carsten	Berlin	126	0:17:24	169	0:42:01	226	0:29:58	01:29:23	126	159	186
187	TM40	46	488	Welle	Benno	Berlin	30	0:14:36	210	0:43:54	241	0:30:57	01:29:27	30	135	187
188	TM40	47	62	Buxmann	Michael	Sisu	285	0:22:16	164	0:41:46	91	0:25:26	01:29:28	285	231	188
189	TM45	40	307	Naujok	Titus		182	0:18:37	193	0:42:53	181	0:28:04	01:29:34	182	190	189
190	TM45	41	211	Knappe	Markus		53	0:15:56	166	0:41:50	254	0:31:51	01:29:37	53	121	190
191	TM50	18	274	Maier	Franz		227	0:19:47	194	0:43:01	136	0:26:50	01:29:38	227	204	191
192	TM40	48	29	Körner	Olaf		148	0:17:57	104	0:39:35	265	0:32:17	01:29:49	148	116	192
193	TM40	49	350	Rath	Clemens	No Sports!	252	0:20:36	175	0:42:07	145	0:27:08	01:29:51	252	202	193
194	TM45	42	337	Pöhler	Kay		259	0:21:01	192	0:42:47	111	0:26:08	01:29:56	259	223	194
195	TM50	19	143	Hanisch	Ronny		249	0:20:31	130	0:40:31	209	0:29:06	01:30:08	249	186	195
196	TM40	50	521	Unmack	Torsten	Testläufer	295	0:23:32	168	0:41:55	72	0:24:48	01:30:15	295	250	196
197	TM40	51	514	Zocher	Hilmar	NAUTILUS TRAI	219	0:19:32	196	0:43:06	159	0:27:39	01:30:17	219	200	197
198	TM40	52	131	Gollan	Thilo	Selbstläufer	2	0:09:58	279	0:49:19	244	0:31:08	01:30:25	2	157	198
199	TM40	53	284	Meins	Hendrik		182	0:18:37	118	0:39:57	259	0:32:11	01:30:45	182	137	199
200	TM40	54	114	Fröhlich	Frank		165	0:18:17	224	0:44:36	173	0:27:55	01:30:48	165	207	200
201	TM24	13	336	Podzuweit	Christoph	NAUTILUS TRAI	307	00:00:0	302	00:00:0	146	0:27:09	01:31:02	307	225	201
202	TM45	43	321	Oldenburg	Thomas		307	00:00:0	302	00:00:0	307	00:00:0	01:31:08	307	171	202
203	TM50	20	233	Kröger	Sebastian	FH Runners Berli	260	0:21:04	216	0:44:08	106	0:25:59	01:31:11	260	244	203
204	TM45	44	331	Petrak	Sascha		115	0:17:17	186	0:42:32	248	0:31:26	01:31:15	115	168	204
205	TM40	55	407	Schreitter	Marcus		271	0:21:29	170	0:42:02	166	0:27:46	01:31:17	271	218	205
206	TM35	33	439	Steglich	Stephan	NAUTILUS TRAI	58	0:16:07	241	0:45:46	215	0:29:34	01:31:27	58	194	206
207	TM24	14	268	Lohse	Sascha	NAUTILUS TRAI	136	0:17:32	144	0:41:01	273	0:32:56	01:31:29	136	136	207
208	TM24	15	266	Loebe	Ralf		291	0:22:46	201	0:43:25	89	0:25:23	01:31:34	291	256	208
209	TM55	2	357	Rodewald	Detlef	LT Britzer Garten	242	0:20:16	180	0:42:23	210	0:29:07	01:31:46	242	201	209
210	TM40	56	463	Unger	Michael	Wunder von Zehl	192	0:18:59	217	0:44:09	199	0:28:43	01:31:51	192	211	210
211	TM55	3	506	Zachariae	Christian	Witwe Bolte	277	0:21:44	136	0:40:45	214	0:29:26	01:31:55	277	198	211
212	TM45	45	249	Lagemann	Godo	Rapid Ramirez S	274	0:21:37	122	0:40:12	232	0:30:19	01:32:08	274	193	212
213	TM35	34	23	Splisteser	Alexander		80	0:16:39	249	0:46:38	203	0:28:55	01:32:12	80	214	213
214	TM35	35	231	Krockner	Michael		177	0:18:35	133	0:40:40	275	0:33:14	01:32:29	177	156	214
214	TM45	46	398	Schneider	Michael		250	0:20:34	190	0:42:44	213	0:29:11	01:32:29	250	215	214
216	TM30	30	163	Heynert	Josef		155	0:18:03	242	0:45:53	191	0:28:36	01:32:32	155	227	216
217	TM30	31	161	Herrmann	Sebastian		127	0:17:25	247	0:46:32	191	0:28:36	01:32:33	127	228	217
218	TM35	36	523	Frank	Markus		82	0:16:44	260	0:47:13	194	0:28:37	01:32:34	82	228	218
219	TM40	57	97	Fechner	Jan	Kieser	140	0:17:40	237	0:45:29	215	0:29:34	01:32:43	140	212	219
220	TM45	47	130	Golitz	Thomas	Titti Twister Tri Te	142	0:17:45	154	0:41:26	278	0:33:34	01:32:45	142	154	220
221	TM45	48	288	Meldner	Christof		192	0:18:59	206	0:43:47	228	0:30:01	01:32:47	192	203	221
222	mJugA	1	397	Schneider	Julius	Berliner TSC	215	0:19:25	213	0:44:00	221	0:29:42	01:33:07	215	217	222
223	TM40	58	430	Soyez	Alexander		59	0:16:09	152	0:41:19	292	0:35:45	01:33:13	59	114	223
224	TM55	4	221	Koschyk	Raimund	Witwe Bolte	206	0:19:13	243	0:45:54	185	0:28:14	01:33:21	206	242	224
224	TM40	59	281	Mattutat	Guido	Moussambani All	282	0:21:54	199	0:43:18	182	0:28:09	01:33:21	282	244	224
226	TM55	5	480	Weege	Walter		244	0:20:20	219	0:44:20	202	0:28:51	01:33:31	244	236	226
227	TM30	32	150	Hellebrandt	Christian		217	0:19:29	225	0:44:38	219	0:29:38	01:33:45	217	232	227
228	TM40	60	414	Schulz-Rheinl	Ron		95	0:17:01	259	0:47:10	221	0:29:42	01:33:53	95	233	228
229	TM40	61	504	Wothe	Götz	NAUTILUS TRAI	239	0:20:05	205	0:43:46	230	0:30:07	01:33:58	239	224	229
230	TM40	62	245	Kurucu	Hakan		278	0:21:50	209	0:43:53	189	0:28:27	01:34:10	278	252	230
231	TM40	63	254	Last	Michael		260	0:21:04	231	0:45:17	173	0:27:55	01:34:16	260	259	231
231	TM60	2	346	Raetzl	Dr. Klaus		246	0:20:24	236	0:45:28	188	0:28:24	01:34:16	246	253	231
233	TM45	49	3	Rumpf	Marc-Andreas	Weltraumjogger	247	0:20:28	227	0:44:51	206	0:28:59	01:34:18	247	246	233

<i>Pl</i>	<i>AK-/Pl</i>	<i>SNr</i>	<i>Name</i>	<i>Vorname</i>	<i>Verein</i>	<i>Swim</i>		<i>Rad</i>		<i>Lauf</i>		<i>Gesamt</i>	<i>Entwickl.</i>			
234	TM45	50	181	Jünemann	Frank	Wunder von Zehl	296	0:23:37	197	0:43:07	160	0:27:40	01:34:24	296	263	234
235	TM40	64	141	Halama	Jens		112	0:17:14	183	0:42:30	286	0:34:55	01:34:39	112	166	235
235	TM45	51	40	Böttcher	Jörg		71	0:16:29	274	0:48:19	224	0:29:51	01:34:39	71	238	235
237	TM40	65	194	Keltz	Oliver		231	0:19:51	217	0:44:09	240	0:30:40	01:34:40	231	230	237
238	TM40	66	26	Becker	Achim		234	0:19:54	258	0:47:09	179	0:27:58	01:35:01	234	265	238
239	TM45	52	469	Vogt	Jan-Peter	Selbstläufer	161	0:18:09	226	0:44:45	264	0:32:13	01:35:07	161	208	239
240	TM55	6	7	Heuwieser	Wolfgang	Tiergyn.de	216	0:19:28	212	0:43:56	252	0:31:48	01:35:12	216	216	240
241	TM35	37	276	Makufke	Marek	NAUTILUS TRAI	174	0:18:32	253	0:46:51	225	0:29:52	01:35:15	174	248	241
242	TM24	16	332	Pews	Jonas		134	0:17:31	240	0:45:40	262	0:32:12	01:35:23	134	213	242
243	TM45	53	349	Rasouli	Mohsen	Wunder von Zehl	218	0:19:30	270	0:48:06	168	0:27:49	01:35:25	218	271	243
244	TM45	54	458	Tienken	Jürgen		287	0:22:23	302	00:00:0	307	00:00:0	01:35:34	287	171	244
245	TM35	38	507	Zeiske	Christian	NAUTILUS TRAI	256	0:20:48	220	0:44:21	239	0:30:36	01:35:45	256	243	245
246	TM70	2	258	Lehmann	Günter	Stolpertruppe	229	0:19:50	238	0:45:31	236	0:30:27	01:35:48	229	247	246
247	TM35	39	310	Neubert	Grischa	NAUTILUS TRAI	170	0:18:28	231	0:45:17	258	0:32:10	01:35:55	170	222	247
248	TM40	67	67	Daduna	Steffen		292	0:22:54	235	0:45:25	164	0:27:43	01:36:02	292	277	248
249	TM40	68	198	Kimm	André		290	0:22:40	206	0:43:47	220	0:29:40	01:36:07	290	262	249
250	TM24	17	319	Nowak	Daniel	Faktotum	163	0:18:11	233	0:45:23	268	0:32:35	01:36:09	163	219	250
251	TM35	40	187	Karutz	Oliver	irondudes	276	0:21:42	189	0:42:39	262	0:32:12	01:36:33	276	234	251
252	TM45	55	351	Reimann	Uwe		262	0:21:05	262	0:47:24	183	0:28:12	01:36:41	262	279	252
253	TM65	3	361	Roick	Siegfried		224	0:19:43	251	0:46:41	233	0:30:21	01:36:45	224	261	253
254	TM50	21	152	Hellfeuer	Werner	Wunder von Zehl	220	0:19:37	265	0:47:35	223	0:29:49	01:37:01	220	267	254
255	TM50	22	155	Henschel	Hendrik	NAUTILUS TRAI	154	0:18:02	255	0:46:56	257	0:32:08	01:37:06	154	240	255
256	TM45	56	365	Rosin	Michael		212	0:19:21	239	0:45:35	259	0:32:11	01:37:07	212	239	256
257	TM40	69	425	Sieste	Frank	Rentenservice	299	0:25:01	228	0:45:05	148	0:27:11	01:37:17	299	290	257
258	TM24	18	371	Rumpf	Paul-Julius		284	0:22:13	261	0:47:17	169	0:27:53	01:37:23	284	287	258
259	TM40	70	93	Elske	Marco		270	0:21:23	263	0:47:29	196	0:28:41	01:37:33	270	282	259
260	TM24	19	169	Hornig	Stefan		195	0:19:02	272	0:48:08	236	0:30:27	01:37:37	195	266	260
261	TM60	3	438	Stegers	Franz-Georg	SG BUND	173	0:18:30	292	0:52:11	152	0:27:24	01:38:05	173	292	261
262	TM40	71	290	Metz	Dieter		238	0:20:02	268	0:47:53	235	0:30:26	01:38:21	238	275	262
263	TM40	72	19	Krüger	Bodo	NAUTILUS TRAI	241	0:20:09	244	0:46:04	272	0:32:44	01:38:57	241	257	263
264	TM55	7	58	Bulle	Gert		150	0:17:58	143	0:40:58	304	0:40:03	01:38:59	150	148	264
265	TM50	23	49	Borkenhagen	Kurt		158	0:18:07	246	0:46:28	284	0:34:25	01:39:00	158	235	265
266	TM45	57	256	Lehmann	Dieter	SFNR	268	0:21:19	215	0:44:06	279	0:33:36	01:39:01	268	249	266
267	TM55	8	283	Meinhard	Frank	Running Gag Berl	245	0:20:22	275	0:48:38	229	0:30:02	01:39:02	245	284	267
268	TM55	9	342	Pundt	Paul		223	0:19:40	267	0:47:44	266	0:32:23	01:39:47	223	268	268
269	TM55	10	355	Repkow	Jörg	NAUTILUS TRAI	272	0:21:33	222	0:44:26	283	0:34:12	01:40:11	272	255	269
270	TM40	73	380	Schewe	Marcus	Teamwork/Team	142	0:17:45	230	0:45:12	299	0:37:21	01:40:18	142	209	270
271	TM24	20	302	Müller	Florian		212	0:19:21	221	0:44:23	298	0:37:02	01:40:46	212	221	271
272	TM24	21	64	Carlucci	Carlo	Titti Twister Tri Te	266	0:21:13	266	0:47:40	255	0:31:55	01:40:48	266	283	272
273	TM35	41	512	Zimmer	Ralf		167	0:18:24	288	0:50:59	249	0:31:28	01:40:51	167	286	273
274	TM30	33	324	Opitz	René		254	0:20:46	254	0:46:54	274	0:33:13	01:40:53	254	272	274
275	TM45	58	182	Jünemann	Bernd	Wunder von Zehl	294	0:23:28	177	0:42:13	291	0:35:38	01:41:19	294	251	275
276	TM55	11	492	Westphal	Achim		253	0:20:38	289	0:51:06	218	0:29:37	01:41:21	253	295	276
277	TM40	74	505	Wrage	Nikolaus	FH Runners Berli	191	0:18:57	299	0:57:45	76	0:24:53	01:41:35	191	304	277
278	TM35	42	464	Unger	Norman	Wunder von Zehl	202	0:19:10	278	0:49:16	276	0:33:15	01:41:41	202	278	278
279	TM45	59	297	Mirwa	Dietmar		283	0:21:55	280	0:50:22	217	0:29:36	01:41:53	283	298	279
280	TM45	60	320	Nowak	Boris		231	0:19:51	277	0:48:49	277	0:33:21	01:42:01	231	280	280
281	TM65	4	190	Katzer	Josef	NAUTILUS TRAI	286	0:22:19	276	0:48:39	245	0:31:13	01:42:11	286	293	281
282	TM60	4	392	Schmidt	Arnim		289	0:22:26	250	0:46:39	280	0:33:45	01:42:50	289	285	282
283	TM35	43	444	Stöckigt	Jan		243	0:20:18	256	0:47:06	293	0:35:55	01:43:19	243	268	283
284	TM50	24	43	Böttger	Mathias		251	0:20:35	287	0:50:54	255	0:31:55	01:43:24	251	294	284
285	TM30	34	101	Fiedler	Raimund		128	0:17:26	290	0:51:14	287	0:35:01	01:43:41	128	280	285
286	TM35	44	383	Schlagowski	Philipp		203	0:19:11	286	0:50:53	280	0:33:45	01:43:49	203	289	286
287	TM65	5	462	Unger	August	Wunder von Zehl	98	0:17:03	282	0:50:37	294	0:36:16	01:43:56	98	272	287
288	TM35	45	508	Zemlin	Felix		222	0:19:39	269	0:48:04	295	0:36:18	01:44:01	222	274	288
289	TM45	61	502	Wolff	Steffen	Berlin	207	0:19:17	281	0:50:23	285	0:34:38	01:44:18	207	288	289
290	TM40	75	112	Friedrich	Michael		226	0:19:46	293	0:52:24	268	0:32:35	01:44:45	226	297	290
291	TM40	76	312	Neumann	Rayk		239	0:20:05	294	0:53:18	250	0:31:41	01:45:04	239	302	291
292	TM20	8	42	Böttger	Benjamin		152	0:18:00	273	0:48:14	302	0:38:55	01:45:09	152	258	292
293	TM45	62	220	Koschig	Robert		236	0:19:55	264	0:47:31	300	0:37:55	01:45:21	236	270	293

<i>Pl</i>	<i>AK/-Pl</i>	<i>SNr</i>	<i>Name</i>	<i>Vorname</i>	<i>Verein</i>	<i>Swim</i>	<i>Rad</i>	<i>Lauf</i>	<i>Gesamt</i>	<i>Entwickl.</i>						
294	TM50	25	16	Alex	Michael	Rentenservice	258	0:20:59	233	0:45:23	303	0:39:22	01:45:44	258	260	294
295	TM45	63	348	Raske	Henning		305	0:29:42	202	0:43:32	270	0:32:36	01:45:50	305	301	295
296	TM45	64	513	Zinnecker	Matthias		263	0:21:10	295	0:54:13	238	0:30:34	01:45:57	263	303	296
297	TM30	35	115	Frosinski	Jan	pedites	280	0:21:51	283	0:50:48	288	0:35:14	01:47:53	280	299	297
298	TM24	22	341	Posluschny	Remco		281	0:21:52	283	0:50:48	288	0:35:14	01:47:54	281	300	298
299	TM55	12	451	Szameit	Andreas	Berliner Tennis Cl	288	0:22:24	270	0:48:06	301	0:38:00	01:48:30	288	291	299
300	TM65	6	340	Poppy	Wolfgang	SC Tegeler Forst	265	0:21:12	285	0:50:51	297	0:37:01	01:49:04	265	296	300
301	TM70	3	322	Omak	Dieter	Helios Berlin	301	0:26:44	291	0:51:55	251	0:31:47	01:50:26	301	307	301
302	TM70	4	56	Brückmann	Fritz		257	0:20:53	245	0:46:07	306	0:43:42	01:50:42	257	264	302
303	TM50	26	153	Hellstern	Andreas		267	0:21:15	252	0:46:44	305	0:42:46	01:50:45	267	276	303
304	TM40	77	509	Zickerick	Ralf	NAUTILUS TRAI	53	0:15:56	302	00:00:0	307	00:00:0	01:52:18	53	171	304
305	TM40	78	185	Kaiser	Eric-Uwe	Chippendales	298	0:24:54	301	0:59:55	169	0:27:53	01:52:42	298	309	305
306	TM40	79	203	Klein	Thomas	GoforJoelLynnJo	264	0:21:11	297	0:56:29	290	0:35:15	01:52:55	264	306	306
307	TM45	65	15	Albrecht	Rene	real immobilien	272	0:21:33	296	0:55:56	296	0:36:23	01:53:52	272	305	307
308	TM60	5	347	Ranta-aho	Risto		297	0:24:20	298	0:56:41	282	0:33:47	01:54:48	297	308	308
309	TM45	66	177	Johnsen	Daniel	Alpencrosser	306	0:34:52	300	0:58:53	205	0:28:56	02:02:41	306	311	309
310	TM40	80	156	Heppeke	Matthias		303	0:28:43	311	1:03:36	267	0:32:24	02:04:43	303	310	310
311	TM35	46	9	Stupperich	Jörg	CNC Bläsing Tea	304	0:28:57	312	1:07:05	259	0:32:11	02:08:13	304	312	311
312	TM45	67	191	Kauerhoff	Thomas		307	00:00:0	302	00:00:0	307	00:00:0	02:12:27	307	171	312

Disqualifiziert: keine !

Zeitnahme durch BlueWonder